## CATEGORIE E TEMPI DI GARA DIVISIONS & COMPETITION TIME

## POINT FIGHTING Y.CM -28/-32/-37/-42/-47/+47 1X2 MIN Y.CF -28/-32/-37/-42/-47/+47 1X2 MIN

O.CM -42/-47/-52/-57/-63/-69/+69 1X2 N O.CF -42/-46/-50/-55/-60/-65/+65 1X2 M

JUN M. -57/-63/-69/-74/-79/-84/-89/-94/

JUN F. -50/-55/-60/-65/+65 1X3 MIN

SEN M. -57/-63/-69/-74/-79/-84/-89/-94

SEN F. -50/-55/-60/-65/+65 1X3 MIN

JUN/SEN COLOURED BELT UNDER GREEN M. -65/-75/+75
JUN/SEN COLOURED BELT UNDER GREEN F. -60/+60 1 X 3

OVER 35 M. OPEN WEIGHT 1X3 MIN

OVER 35 F. OPEN WEIGHT 1X3 MIN

OPEN M. 1X2 MIN

OPEN F. 1X2 MIN

DOUBLE TAG TEAM OLDER CADETS MALE

DOUBLE TAG TEAM OLDER CADETS F. 1X3 M

DOUBLE TAG TEAM M. -74KG 1X3 MIN

DOUBLE TAG TEAM M. +74KG 1X3 MIN

DOUBLE TAG TEAM F. 1X3 MIN

## LIGHT CONTACT

O.CM -42/-47/-52/-57/-63/-69/+69 2X1,5 MIN

O.CF -42/-46/-50/-55/-60/-65/+65 2X1,5 MIN

JUN/SEN M. -57/-63/-69/-74/-79/-84/-89/-94/+94 2X2 MIN

JUN/SEN F. -50/-55/-60/-65/+65 2X2 MIN

JUN/SEN COLOURED BELT UNDER GREEN M. -65/-70/-75/-80/+80

2X2 MIN

JUN/SEN COLOURED BELT UNDER GREEN F. -60/-65/+65 2X2 MIN

DOUBLE TEAM M. -74KG 1X3 MIN

DOUBLE TEAM M. +74KG 1X3 MIN

DOUBLE TAG TEAM F. 1X3 MIN

## KICK LIGHT

O.CM -42/-47/-52/-57/-63/-69/+69 2X1,5 MIN

O.CF -42/-46/-50/-55/-60/-65/+65 2X1,5 MIN

JUN/SEN M. -57/-63/-69/-74/-79/-84/-89/-94/ JUN/SEN F. -50/-55/-60/-65/+65 2X2 MIN

JUN/SEN COLOURED BELT UNDER GREEN M.

-65/-70/-75/-80/+80 2X2 MIN

JUN/SEN COLOURED BELT UNDER GREEN F. -60





NON E' AMMESSA L'ISCRIZIONE ALLA SOLA CATEGORIA OPEN IT'S NOT POSSIBLE TO FIGHT ONLY IN THE OPEN DIVISION PER TUTTE LE CATEGORIE IN CASO DI NUMERO INFERIORE A 4 PER CATEGORIA SARA' AUTOMATICO L'INSERIMENTO NELLA CATEGORIA SUPERIORE

ALL DIVISIONS WITH LESS THAN 4 FIGHTERS WILL BE AUTOMATICALLY MOVED TO THE UPPER ONE

CI SI PUO' ISCRIVERE AD UNA SOLA GARA A SQUADRE PER SPECIALITA'
ONLY ONE DOUBLE TEAM FOR STYLE IS ALLOWED